



**thundershirt**

**FOR DOG OWNERS EVERYWHERE!**

## TOP TIPS for Treating Anxious, Fearful, Stressed & Hyperactive Dogs



- 1** Fit Thundershirt before exposure to things the dog finds scary for best results.



- 2** There's no such thing as a magic wand! Use Thundershirt in conjunction with a good behaviour plan for the quickest results. Free plans for common behaviour problems are available at: [www.JezRose.co.uk](http://www.JezRose.co.uk)



- 3** Start with a simple plan in conjunction with Thundershirt for best results: feed the dog its daily food ration or tasty treats each time the thing it is scared of happens. Begin with short exposures, gradually increasing with time, so the scary thing becomes fun and a precursor to tasty food!



- 4** Use Thundershirt with calming music CDs, chewtoys and a behaviour plan for dogs with particularly bad phobias. Thundershirt will help improve the effectiveness of the plan.



- 5** Slowly remove the Thundershirt a short while after the dog has calmed, smoothing your hands where the Thundershirt was to maintain a feeling of contact.

Brought to you by

**JezRose**   
canine behaviour specialist

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